SOCIETA' ATLETICA BELLINZONA
Casella postale 2595, 6501 Bellinzona

SWISS MASTERS CHAMPIONSHIP 2025 / 25th INTERNATIONAL MASTERS MEETING CITY OF BELLINZONA / EMA MEETING MASTERS CIRCUIT – Edition 1

Bellinzona, Stadio Comunale – Saturday, 20th September 2025

CATEGORIES:

Men	M30	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
Women	W30	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80

COMPETITION SCHEDULE (competitions start at 10.00 a.m.):

MEN		WOMEN	
High jump	**100 m**	**High jump**	**100 m**
Pole vault	**200 m**	**Long jump**	**200 m**
Long jump	**400 m**	**Triple jump**	**400 m**
Triple jump	**800 m**	**Shot put**	**800 m**
Shot put	**1500 m**	**Discus throw**	**1500 m**
Discus throw	**5000 m**	**Javelin throw**	**5000 m**
Javelin throw	**80/100/110 m hurdles**		**80/100 m hurdles**
	300/400 m hurdles		**300/400 m hurdles**
	5000 m marching		**5000 m marching**

All competitions valid for the Swiss Masters Championship

REGISTRATION:
until Thursday 11th September 2025 only through the **Meeting Master** Website on following link
https://sab-bellinzona.ch/meeting-master

REGISTRATION FEES:
Fr. 15.00 (€ 15.00) per discipline, Fr. 12.00 (€ 12.00) from the 2nd discipline onwards.
Payment directly on-site upon collection of the race bib.

CEREMONIES:
first three of each discipline in all categories

INFORMATIONS:

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More details can be found at https://sab-bellinzona.ch

TIMETABLE:

MEN			WOMEN	
	5000 m MARCHING	**10.00**	5000 m MARCHING	
SHOT P. M30-M40 DISCUS M70-M80 JAVELIN M50-M55	80 m hurdles	**11.00**		
		11.10	80 m hurdles	
TRIPLE JUMP		**11.30**		TRIPLE JUMP
	100 m hurdles	**11.35**		
		11.45	100 m hurdles	
	110 m hurdles	**11.55**		
SHOT PUT M45 JAVELIN M60-M80 HIGH J. M30-M45		**12.00**		DISCUS
		12.15	100 m	
	100 m	**12.35**		
		12.45		LONG JUMP
SHOT P. M50-M55 DISCUS M30-M40 HIGH J. M50-M80		**13.00**		
		13.10	800 m	
	800 m	**13.25**		
POLE VAULT		**13.30**		
		13.45	400 m	
SHOT P. M60-M65 DISCUS M45	400 m	**14.00**		JAVELIN
LONG JUMP M30-M40		**14.30**		HIGH JUMP
		14.35	200 m	
	200 m	**14.50**		
SHOT P. M70-M80 DISCUS M50-M55 JAVELIN M30-M40		**15.00**		
		15.25	1500 m	
LONG JUMP M45-M80	1500 m	**15.45**		
DISCUS M60-M65 JAVELIN M45		**16.00**		SHOT PUT
	300 m hurdles	**16.15**	300 m hurdles	
	400 m hurdles	**16.40**	400 m hurdles	
	5000 m	**17.00**	5000 m	

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